

## **ORGANISATIONS:**

**Accessible tours:** <http://accessiblenz.com/wp/>

Providing a specialised service for travellers with physical disabilities, seniors, and all other travellers who need that extra helping hand in order to make their dreams a reality.

**Altogether Autism:** <https://www.altogetherautism.org.nz/>

Phone: 0800 273 463

Altogether Autism is a NZ wide advisory service for people with autism, their families and for professionals working with them.

**Arohanui trust:** <http://www.arohanuitrust.co.nz/>

Arohanui is a Bay of Plenty service provider offering community participation and day activities for people aged 16 years and over with a disability.

**Autism NZ Tauranga:** <https://www.autismnz.org.nz/>

Phone: 0800 Autism (288 476) Email: [info@autismnz.org.nz](mailto:info@autismnz.org.nz)

Autism NZ provides support, training, advocacy and information on autism spectrum disorder (ASD) to individuals, families and professionals. Courses available locally.

**Avalon Charitable Trust:** <https://www.avalon.org.nz/>

Phone: 07 579 0585

Avalon works alongside disadvantaged individuals to enhance their knowledge, skills and abilities. They aim to reduce barriers to inclusion in communities and support the development of valued roles so people can live an ordinary life of their choosing

**The Blind Foundation:** <https://blindfoundation.org.nz/>

Phone: 0800 24 33 33

Practical and emotional support for Kiwis who are blind or have low vision. Providing adaptive skills, technology, resources and support with moving around and accessing information.

**Brain injury Association:** <https://www.brain-injury.nz/>

Phone: 07 572 4547 Email: [liaison.headwaybop@brain-injury.org.nz](mailto:liaison.headwaybop@brain-injury.org.nz)

Providing support, education and information services throughout New Zealand to people affected by brain injury - whether their own or a loved one's.

**Carers NZ:** <http://carers.net.nz/>

Phone: 0800 777 797

Carers New Zealand is the national body supporting family, whānau and carers. It provides information, advice, learning and support for families with health and disability needs.

**CCS Disability Action:** <https://ccsdisabilityaction.org.nz/>

Phone: 07 578 0063 or 0800 227 2255 Email: [bop@ccsDisabilityAction.org.nz](mailto:bop@ccsDisabilityAction.org.nz)

CCS Disability Action is a nationwide organisation that provides support, advocacy and information for disabled people.

**The Cerebral Palsy Society of NZ:** <https://cerebralpalsy.org.nz/>

Phone: 0800 503 603 Email: [cpsociety@cpsociety.org.nz](mailto:cpsociety@cpsociety.org.nz)

The Cerebral Palsy Society of New Zealand's purpose is to enhance the lives and wellbeing of people with cerebral palsy. It provides programmes designed to enhance the independence and quality of life of people living with cerebral palsy and their families, and grants to its members for this purpose.

**Community living trust:** <http://www.communityliving.org.nz/>

Phone: 07 834 3700 Email: [enquiries@communityliving.org.nz](mailto:enquiries@communityliving.org.nz)

Supporting people with intellectual disabilities to live their dreams through community connections.

**The Complex Care Group:** <https://www.complexcaregroup.org.nz/>

Phone: 0800 852 693

The Complex Care Group Trust is a support and information network run by and for carers who look after people with complex needs. It provides up-to-date information and support to carers to help them navigate the many challenges they face and is also responsible for communicating to the Ministry of Health, funders and other providers, the needs of this group.

**The New Zealand Disability Support Network:** <https://www.nzdsn.org.nz/>

Phone: 04 473 4678

A national association of disability support providers.

**The New Zealand Down Syndrome Association:** <http://www.nzdsa.org.nz/>

Phone: 0800 693 724 press 3 for your closest group. Email: [neo@nzdsa.org.nz](mailto:neo@nzdsa.org.nz)

The New Zealand Down Syndrome Association promotes the participation of people with Down syndrome in their community. It provides:

- information, support, education and advocacy services for the Down syndrome community
- support for parents and families/whānau
- information resources and a quarterly journal
- support for regional groups so that they can offer support and services to the Down syndrome community in their area through family events, social groups, guest speakers, individual support and advocacy.

**Enrich +:** <https://www.enrichplus.org.nz/>

Phone: 0800 367 424

Supporting individuals living with autism or a disability to be a real part of the communities of their choice. Supported living, coaching and mentoring and day services available.

**Firstport:** <https://firstport.co.nz/>

A national disability information website. If you want to know about anything related to disability, make this your first port of call. Includes information about:

- disability allowances and benefits
- applying for grants and scholarships
- how to live independently
- disability equipment guides
- finding a support service
- news, articles and events

**Geneva** <https://www.genevahealth.com/>

Geneva Healthcare - Phone 0800 436 382

Geneva Elevator - Phone 07 579 0515

Health and disability support in the Tauranga area.

**Halberg Foundation** <https://www.halberg.co.nz/>

Phone 0800 HALBERG Email: [office@halberg.co.nz](mailto:office@halberg.co.nz)

The Halberg Foundation aims to enhance the lives of physically disabled New Zealanders through sport and recreation.

**The Hearing Association:** <http://www.hearing.org.nz/branches/bayofplenty/>

Phone: 0800 233445

The Hearing Association is a volunteer-based organisation that helps people with any type of hearing problem. Local branches offer one-to-one support for members and non-members alike, socially and in the workplace.

**Idea Services:** <https://ihc.org.nz/idea-services>

Phone: 0800 442 442

Specialist support, available in Tauranga. The support may include:

- Residential Services – you may live on your own or with others and have support people with you all the time
- Supported Living – you may live on your own or with a flatmate and may have support staff with you some of the time
- Vocational and Day Services – what you do during the day. You may choose to go out to have fun, see friends or be part of your community, to learn something new, to volunteer, to work or try to get a job or to run your own business.
- Specialist Services – you may have an intellectual disability but may also be looking for some extra support, perhaps for mental health.

**IHC:** <https://ihc.org.nz/>

IHC New Zealand is a membership-based organisation that supports people with intellectual disabilities to live satisfying lives in the community. IHC provides a range of services, including advocacy, and a library related to intellectual disability.

**Imagine Better:** <https://www.imaginebetter.co.nz>

Phone: 0800 552 942 Email: [info@imaginebetter.co.nz](mailto:info@imaginebetter.co.nz)

Offering information, advice, planning support, mentoring and events for disabled people, families and organisations.

**Kauri Centre / Anglican Care - Waiapu:** <https://acw.org.nz>

Offering a range of family services.

**Life Unlimited** <https://www.lifeunlimited.net.nz/>

Phone: 0800 008 011 Email: [info@lifeunlimited.net.nz](mailto:info@lifeunlimited.net.nz)

A charitable trust offering health and disability information, advice and equipment.

**Lifestyle Choices** <http://www.lifestylechoices.co.nz/>

Phone: 07 579 5622 Email: [info@lifestylechoices.co.nz](mailto:info@lifestylechoices.co.nz)

Providing a flexible, creative and responsive service delivery to disabled persons and their families - providing **choices** and meaningful **lifestyles**.

**The Muscular Dystrophy Association:** <https://www.mda.org.nz/>

Phone: 0800 800 337 Email: [info@mda.org.nz](mailto:info@mda.org.nz)

The Muscular Dystrophy Association is a New Zealand not-for-profit organisation which provides information and support to people affected by neuromuscular conditions. Its services include a national fieldwork service, as well as specialist information and advice.

**Open home foundation** <https://www.ohf.org.nz>

Phone: 0508 326 459

Services include social work and intensive wraparound support.

**Parent to parent:** <https://parent2parent.org.nz/>

Contact: Tauranga co-ordinator Jane Ford, 027 808 3945 Email: [cbop@parent2parent.org.nz](mailto:cbop@parent2parent.org.nz)

A service that supports the families of babies, children, teens and adults with any type of disability or health impairment. Parent to Parent Coastal Bay of Plenty covers the coastal areas from Waihi Beach east to Opotiki, and includes the cities of Tauranga and Whakatane.

**SILC:** <https://www.silc.co.nz/>

Phone: 07 5711262 Email: [reception@silc.co.nz](mailto:reception@silc.co.nz)

SILC provides personalised supports that are developed in partnership with the client and their whanau/support people to help achieve personal goals and support requirements. Areas that they support range from the from just a few hours a week support in the clients own home support in the community, and full time residential support.

**Te Whanau Kotahi:** <https://www.twk.org.nz/>

Phone: 07 571 4768

A Charitable Trust providing the Child Development Service on behalf of the Ministry of Health for the Tauranga/Western Bay of Plenty area. With a focus on providing family centred support with a team of therapists predominantly working with children and families in their usual surroundings such as home, park, swimming pool and pre-school. It is their goal to help those with disabilities to lead an ordinary life and be supported to take a full part in their community.

**Te Pou o Te Whakaaro:** <https://www.tepou.co.nz>

Te Pou o Te Whakaaro Nui is a national centre of evidence-based workforce development for mental health, addiction and disability sectors.

**Vaka Tautua:** <https://www.vakatautua.co.nz/>

Phone: 0800 825 282

Vaka Tautua is a charitable organisation that aims to help improve the health and wellbeing of Pasifika people in New Zealand. It provides community support for older people, people with a disability and those needing support for mental health.

**Workbridge:** <https://workbridge.co.nz/>

Phone: 07 577 0998 or 0508 858 858 Email: [tauranga@workbridge.co.nz](mailto:tauranga@workbridge.co.nz)

A free service helping Kiwis with disabilities or health conditions connect with great employers.

## **GROUPS AND ACTIVITIES FOR CHILDREN AND FAMILIES**

**CCS Disability Action Swim School:** <https://ccsdisabilityaction.org.nz/contact/branch-information/tauranga/swim-school/>

Phone: 07 571 4757 Mobile: 027 807 2082 Email: Swim.School@ccsDisabilityAction.org.nz

Facebook: [www.Facebook.com/ccsDisabilityActionSwimSchool/](http://www.Facebook.com/ccsDisabilityActionSwimSchool/)

Group or private lessons available.

**Enrich+ Spectrum Energy** <https://www.enrichplus.org.nz/>

Phone: 0800 367 424

Social skills groups and one to one mentoring available to children and young people on the Autism Spectrum. Available in Tauranga. Kids+, Teens+ and Youth+. Social skills groups for children and teens on the Autism spectrum. Run in Greerton.

**Kings Music Therapy:** <https://www.kingsmusic.co.nz/>

Phone: 0210 436 732 Email: info@kingsmusic.co.nz

Combining the healing harmonies of Harp with cutting edge vibroacoustic technology. Working to promote Health and Happiness for clients suffering from a wide range of conditions whether it be Acute and Chronic Pain, Fibromyalgia, General anxiety and Stress or Learning and Behavioural difficulties.

**Mockingbird:** <https://mockingbird.org.nz/>

Phone: 027 4204460

Creating a supportive environment where neurodiversity and special abilities are celebrated and unique guidance is provided. A safe space for 5-18 year olds that is mindful of sensory needs. Mockingbird currently operates Monday, Wednesday and Friday, 9.30-2.30 during term time.

**One:Unique minds:** <https://oneuniqueminds.co.nz>

email: admin@oneuniqueminds.co.nz

One: Unique Minds is a small, Tauranga-based business that specializes in ASD and Anxiety (but not exclusively). They offer a variety of services online and in person, these include; Mentoring, Social Groups, Holiday Programs, and School/Academic Consults.

**Riding for the Disabled:** <http://www.taurangarda.co.nz>

Phone: 07 5441899 Email: info@taurangarda.co.nz

Tauranga RDA provides equestrian therapy programmes for people from our community challenged by disability or who are-at-risk.

**Recreate (holiday programmes):** <https://www.recreate.org.nz/copy-of-bay-of-plenty-1d>

Email: info@recreate.org.nz

Providing outstanding social and recreational services to the disability community. With four exciting programme streams consisting of ten different programme types ranging from ½ day to 6 days in length, we have plenty of opportunities for you to enjoy.

**Sonic Cinema:** <https://cultcinemaclub.com/sonic-cinema/>

Inclusive cinematic experience. Run at the historic village. Planned events or you can book a session.

**Starjam:** <https://www.starjam.org/>

Phone: 09 300 6257 Email: [info@starjam.org](mailto:info@starjam.org)

Where young New Zealanders with disabilities unleash their full potential through the magic of music, dance and performance. Workshops, gigs and events connect young people with disabilities (Jammers) with their passions, peers and wider community.

**Tenpin Tauranga:** <https://www.tenpintauranga.co.nz/>

Phone: 07-577-9669 Email: [info@tenpintauranga.co.nz](mailto:info@tenpintauranga.co.nz)

Disability friendly and sensory sessions available.